



Dancing For Birth™

Prenatal and Postpartum Dance Classes

Instructor Training Workshop

Tennessee March 27-28, 2010

Train to become a Certified Instructor:
Bring Valuable Skills and Wisdom to Women in Your Community!

- Start a new career or enhance your professional skills
- A great addition to your doula, midwife, nurse, childbirth educator, dance, fitness or yoga practice or your own birth preparation or passion for birth
- No prior experience or certifications required
- Certified Instructors receive National Referrals

Training is fun, quick, and easy!

Discover how to use dance to facilitate birth
 Understand which moves are most effective and why
 Gain new ideas for active birth preparation
 Learn birth wisdom from ancient cultures
 Experience the joy of world dance forms

Energize ~ Empower ~ Enlighten™



As seen on:
 CBS Inside Edition
 NBC Evening News

Spring Hill, TN
 Sponsored and Hosted by
Tennessee Dance Arts Conservatory
 3015 Belshire Village, Suite 106
 Spring Hill, TN 37174
March 27, 2010
 Arrival/ check in 9:30-10:00 AM
 Workshop 10:00 AM - 5:30PM
March 28, 2010
 Workshop 9:30 AM - 5:30PM

Register Online at www.DancingForBirth.com
 or send form with check to:
 Dancing For Birth™
 2427 Glen Arden Dr. St. Louis, MO 63146
 Call toll free for more info 866-643-4824

Registration Fee: \$295 or **Early Bird Fee (postmarked by 2/20/10): \$265** **March 27-28, 2010**

Company Name:	Referred by:
Name:	Include me on the Rideshare/Roomshare list Y N
Address:	Occupation/credentials:
City/State/Zip:	Related training or experience, if any:
Phone:	
E-Mail:	What interests you most about DFB?:

Insufficient funds fee \$35. Please see web site for refund policy.
 Walk-in Registration \$325 space permitting